

FOR IMMEDIATE RELEASE

Junior League of Savannah Hosts 12th Annual Fit Kids Fest

SAVANNAH, January 16, 2024 – The Junior League of Savannah is excited to announce the 12th Annual Fit Kids Fest, scheduled for Saturday, February 17th at the Savannah Children's Museum. As one of the most highly anticipated FREE community events, Fit Kids Fest focuses on the significance of cultivating a healthy body and mind through fun activities designed for children of all ages and their parents. Join us to promote well-being and vitality among our community's youth!

2024 Fit Kids Fest Event Details

Date: Saturday, February 17th

Location: Savannah Children's Museum 655 Louisville Rd, Savannah, GA 31401

Time: 1:00 PM - 4:00 PM

"I'm so proud of how our Fit Kids Fest has grown as a beloved community event that promotes physical, mental, and emotional health and wellness, and activity for local youth. Last year we had over 300 children and parents attend, and we expect an even bigger turnout this year. The 2024 Fit Kids Fest promises to be an unforgettable day filled with games, movement sessions, nutritious snacks, and more, all led by volunteer experts from organizations across Savannah.

Our goal is to motivate kids and families to get active while showing that fitness can be fun!"

- Amanda Bryan, Fit Kids Fest Chair 2024

Fit Kids Fest is dedicated to fostering overall wellness among K-12 students and introduces families to healthy lifestyle resources in the community. In addition to encouraging healthy choices and living an active lifestyle, activities for the 2024 Fit Kids Fest will include complimentary, full access to the Savannah Children's Museum including a life-size maze, slides, a sensory garden, a healthy scavenger hunt, a trail mix remix station, and face painting.

MISSION STATEMENT OF THE JUNIOR LEAGUE OF SAVANNAH

The Junior League of Savannah is an organization of women whose mission is to advance women's leadership for meaningful community impact through volunteer action, collaboration, and training. Its purpose is exclusively educational and charitable.

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